

# Silver Lake Mustang News

SILVER LAKE ELEMENTARY SCHOOL NEWSLETTER



JANUARY 2019

VOLUME 2, ISSUE 5

## From the Principal

### Happy New Year Mustangs!

Welcome back, I hope everyone had a wonderful holiday break and has had a good start to the New Year! January is a great time to reflect on the areas in our lives where we felt successful during the past year. It is also a time to consider how to make changes in areas where we would like to improve. Here are some tips to help students start the New Year off on a positive note.

**Get plenty of sleep:** Scientists have found that students who do not get enough sleep have difficulty paying attention in class and do not do as well in school. Recommended amounts of sleep range from about 8½ to 11 hours a night for elementary students.

**Eat healthy:** Encourage your children to eat more fruits, nuts, and vegetables and drink at least 8 (8 oz.) glasses of water every day. Limit the amount of soda and snack foods your children eat.

**Exercise** your body and your mind daily.

**Follow the Golden Rule:** Treat others (children and adults) the way you would like to be treated.

**Donna Morris**

Principal

Silver Lake Elementary School  
12815 Bothell-Everett Hwy.,  
Everett, WA 98208  
[www.everettsd.org/silverlake](http://www.everettsd.org/silverlake)

**JAN. 11**

Popcorn Friday

Learning Improvement Friday, 2:15 p.m.

**JAN. 15**

Natural Leaders Forum: Emergencies, 6:30 p.m., Library

**JAN. 16**

Natural Leaders Meeting, 9:30 a.m., Conf Rm

**JAN. 17**

Learning Improvement Friday, 2:15 p.m.

**JAN. 18**

MLK Day Assembly, 1:30 p.m., Café

Learning Improvement Friday, 2:15 p.m.

**JAN. 21**

MLK Day – NO SCHOOL

**JAN. 24**

STEAM Night, 6:00 p.m. Café & Gym

**JAN. 25**

Learning Improvement Friday, 2:15 p.m.

**JAN. 28**

Teacher Work Day – NO SCHOOL



**Time + Effort = Achievement:** Encourage your children to take the time to carefully complete all assignments at school and home, ask questions when they do not understand a task, demonstrate perseverance (that means keep trying – even when the work is difficult), and eliminate the word “can’t” from their vocabulary. Students are encouraged to make it a goal to do their personal best at school every day.

**Read, Read, Read:** Success in school depends on a student’s ability to read and understand what they have read. Students should read a variety of books, including folktales, poetry, biographies, fiction, and more. Read to get information, read for fun, read to someone in your family...just read!

**Attend school regularly and on time:** The school day begins at 9:10. Students can make up written work when tardy or absent, but they can never make up the learning experiences of the classroom.

**Write out your Plan for Success:** The plan may include getting better grades, making new friends, studying harder, staying out of trouble, etc. Share your plan with someone who can help you to reach your goal.

Donna Morris, Ed.D.

HAPPY  
New Year



## From the Counselor

### Focus for January: Self-Management

Happy New Year! Our tradition as a culture is to begin with a New Year's Resolution -- a time to make positive changes in our lives. Some of these are related to exercising, losing weight, eating healthy or spending more time with loved ones. We are always looking for ways to motivate ourselves to manage our lives in a more balanced and healthy way.

At Silver Lake, we are focusing on Self-Management for the month of January. Students are reminded to use their agendas to keep track of classwork and homework. They are given leadership opportunities in the classroom to practice responsibility. We give students guidance lessons in self-management skills and create small groups to practice these skills.

These skills when noticed by school staff are rewarded with positive attention. Students can receive Mindful Mustangs which show they have been seen following one of our four schoolwide expectations which are: Be Respectful, Be Responsible, Be Safe, and Be Kind. They also can receive a Model Mustang from a staff member or a peer outlining how the student has contributed positively to our school community. These students are entered into a drawing for lunch with Dr. Morris!

As we cruise toward Spring Break, ask your students about how they have been rewarded for showing self-management at school!

**Carrie Surowiec, School Counselor**





**You are invited to  
Silver Lake Elementary's S.T.E.A.M. Night!**



**Silver Lake Elementary is hosting a  
Science, Technology, Engineering, Arts, and Math night on  
January 24th from 6:00-7:30 P.M.  
At Silver Lake Elementary-Main Building**

This will be an open house event with the following displays and activities:

- Imagine Children's Museum *Adventures in Numberland* exhibits
- A robotics demonstration put on by our Robotics Club
- Art & Science projects that can be completed by students
- Display of student art work
- Grade level Estimation Jars
- Hour of Code
- Parent resources on the CCSS and NGSS

**This event is for SLE families and friends.  
All children must be accompanied by an adult.**



## Join Mustang Milers! - Registration open through March

**MUSTANG MILERS SHIFTS TIMES; NOW FRIDAYS FROM 8:35 a.m. -9:00 a.m.**

Due to the interest of students without early morning transportation to school, we are moving the mustang miler club to 8:35 a.m. -9:00 a.m. For those students who are getting a ride to school and are dropped off, it needs to be at 8:35 a.m. OR later; and never dropped off and left. Now the club will stay open longer so that students can come to the gym (or track) when they arrive and participate for a few minutes or for 20 minutes. All participants need a signed permission slip (in an office kiosk).

Mustang Milers Club is an optional before-school club where students meet in the back of the school's undercover area to walk or jog laps on our track or undercover area, or in the gym – depending on the weather. At each session, students check in with one of the club advising teachers. This is a fitness club or activity, with completed laps earning tokens (walking or jogging 5 miles = one token).

Students do not need to attend all sessions or each Friday to participate. Permission slips are in an office kiosk. If you have questions, please contact Mrs. Bence or Ms. Jemmings at [RBence@everettsd.org](mailto:RBence@everettsd.org) or [AJemmings@everettsd.org](mailto:AJemmings@everettsd.org) 425-385-6900.

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## FREE POPCORN FRIDAY

We have amazing volunteers to operate our FREE Popcorn Fridays again this year! This tradition allows all students to enjoy in a community event that we all love and look forward to. Who doesn't love popcorn??

FREE Popcorn Fridays are "FREE" thanks to the donations by SLE staff and families. We need your help to keep it running. We are asking for donations of any amount. Please send money with your students in an envelope marked "POPCORN DONATION."

January 11

April 12

February 8

May 17

March 15

June 14





I'm a PTA Member, are you?

## PTA Event Calendar

PTA General Meeting - Monday January 7th 2019 @ 6:30pm - SLE Library  
PTA General Meeting - Monday February 4th 2019 @ 6:30pm - SLE Library  
Valentines Dance Night - Thursday February 14th 2019 6:30 - 8:00pm - SLE Gym  
Bingo Night – Friday March 1st 6:30 - 8:00pm - SLE Cafeteria  
Skate Night - Thursday March 14th 2019 6:30 - 8:00pm - Everett Skate Deck  
PTA General Meeting - Monday March 18th 2019 @ 6:30pm - SLE Library  
PTA General Meeting - Monday April 15th 2019 @ 6:30pm - SLE Library  
Staff Appreciation Week - May 6th - May 10th 2019  
PTA General Meeting - Monday May 20th 2019 @ 6:30pm - SLE Library  
Movie Night - Friday May 31st @ 6:30pm - SLE Cafeteria

## 2018-19 SLE PTA Executive Committee

President: James Clarke, [sleptapresident1@gmail.com](mailto:sleptapresident1@gmail.com)

Vice President: Serena Peterson, [sleptavicepresident@gmail.com](mailto:sleptavicepresident@gmail.com)

Treasurer: Michelle Chamberland, [sleptatreasurer@gmail.com](mailto:sleptatreasurer@gmail.com)

Secretary: Julie Garreis, [sleptasecretary@gmail.com](mailto:sleptasecretary@gmail.com)

Questions for the SLE PTA: [sleptamustangs@gmail.com](mailto:sleptamustangs@gmail.com)



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# Natural Leaders Calendar

Serve as multi-cultural bridges between students, families, communities, and schools.  
Schedule is subject to changes and additions throughout the year.

## January:

January 16, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

January 16, 2019 - **Forum: "Emergency Response – Police, Fire Department and EMT"** - **Night time** at Cafeteria.

## February:

February 6, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

February 20, 2019 - **Forum: "Middle School, High School and Beyond"** - 9:30 - 10:30am at Cafeteria.

## March:

March 6, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

March 20, 2019 - **Forum: "How to celebrate a culture. Aspects of culture"** - 9:30 - 10:30am at Cafeteria.

## April:

April 11, 2019 - **"Multicultural Night"** - **Night time** at Cafeteria.

April 17, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

## May:

May 1, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

May 15, 2019 – **Forum: (to be announced)** - 9:30 – 10:30am at Cafeteria.

## June:

June 5, 2019 - **Monthly Meeting** - 9:30 - 11:00am at Conference Room.

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## The Natural Leaders Program

Students do better in school when their families are engaged. WABS Natural Leaders Program gives families the tools to break down language, cultural, and systemic barriers so all families are empowered to engage.





### Who are Natural Leaders?

Natural Leaders are multi-cultural parents and family members that serve as a bridge between families, community, and schools.

### Why are they needed?

Natural Leaders represent the diversity of their school communities. Honoring their experiences and listening to their voice ensures more equity and access for all students.

### What do they do?

- Engage in new learning.
- Create events families want.
- Build relationships.
- Plan for a bright future.

### Natural Leaders at Silver Lake Elementary

Silver Lake Elementary Natural Leaders is an alliance of community members whose primary language is not English. This can also include those who are new to the U.S. or those new to the school community. We strive to learn more about U.S. education, how we can support our children, and be better school community members.



Natural Leaders holds a monthly meeting open to any community member who wants to learn more about our group. This is held the first Wednesday of every month and can be found on the school website, as well as, in our monthly newsletter. All participants who become part of Natural Leaders must be a School District Approved Volunteer. The application is available online at Everett Public Schools, but we would love to help you with the process.

Also, Natural Leaders hosts of a monthly forum open to everyone in our Silver Lake School Community. They are held every third Wednesday of the month in the Cafeteria beginning at 9:30 a.m. These dates and times are also on the school's website calendar, as well as, our monthly newsletter. The theme of the forum is very diverse with emphasis in the school community necessities. We bring different speakers with various professional backgrounds with the purpose to enrich the community with knowledge and new tools. We encourage you to come to the forum and take advantage of the information. We offer interpreters for Russian or Spanish speakers. Just show up. It's that simple!

Natural Leaders also organize monthly Popcorn Fridays and an annual Multicultural Night. We also participate and volunteer in other activities such as Picture Day, Field Day, or any other activity the school requests.

So, come and join us, you will love the experience and you will help in your child and community development! For more information, please email [CSurowiec@everettsd.org](mailto:CSurowiec@everettsd.org) or ask the school office.





## i-Ready<sup>®</sup> Parent Guide

***i-Ready* is an interactive online learning program that helps students build essential skills in reading and mathematics.**

*i-Ready* starts with an online diagnostic test that students take in class to identify the specific skills each student needs to develop and measure academic growth through the school year. It also provides students with personalized online instruction and gives teachers guidance on how they can best support the needs of each and every student.

*i-Ready* encourages students to take ownership of their learning. Students get real-time feedback, see motivating messages, and earn credits after completing lessons that they can use to get rewards, such as games. *i-Ready*'s engaging environment draws students in right away and gets students of all ages excited about learning.

### **How can you help your child get the most out of *i-Ready*?**

- **Speak with your child about how using *i-Ready* will help him or her prepare for class work.** Also explain that *i-Ready* will show teachers where your child is doing well and which topics need some more review.
- **Encourage your child to take each lesson and quiz question seriously.** Emphasize "thinking before clicking," because just clicking through will not give teachers an accurate report of what your child knows and is able to do.
- **Help your child identify and become familiar with the different parts of the student dashboard.**
- **Encourage your child to use the tools that will appear at the bottom of the screen in some lessons.**
- **Discuss your child's results by looking at "My Progress" together** to see the number of lessons your child has completed in *i-Ready* and the percentage of questions your child answered correctly in the quiz at the end of each lesson.
- **Contact your child's teacher about how often your child should practice at home,** or with any other questions about *i-Ready*.

## Do you YouTube?

The district does. Search for Everett Public Schools WA to find all of our district videos. Miss a school board meeting? You can find videos of those meetings there too.



## We're hiring para educators!

If you've ever wanted to help in a classroom, or lend your talents at a school, apply to be a classroom para educator! Para educators in Everett Public Schools provide instructional support to classroom teachers and ensure students with special needs have access to their learning. You're not available? Tell a neighbor or friend! This is your opportunity to have a huge impact on your community, one student at a time.



Look for the Employment icon on [www.Everettsd.org](http://www.Everettsd.org) to apply. If you're interested, please call Lauren Weeden, Director of Special Services for North Region Schools, at 425-385-5791.

## January is School Board Appreciation Month

The month of January marks the annual observance of School Board Recognition – a time to salute the work of school board members and celebrate public education. This year, they were once again named a Board of Distinction. You can learn more about [board members online](#).

## Freaked by too much Fortnite?

Hear from parents and students about the pitfalls and positives about the extremely popular video game at [www.common sense media.org](http://www.common sense media.org).

Help your student stay safer online through awareness and parent tips about this app and other games, movies and apps.



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

**Designated to handle inquiries about nondiscrimination policies are:**

- Affirmative Action Officer – Randi Seaberg, [rseaberg@everettsd.org](mailto:rseaberg@everettsd.org), 425-385-4104
- Title IX Officer – Mary O'Brien, [MO'Brien@everettsd.org](mailto:MO'Brien@everettsd.org), 425-385-4106
- 504 Coordinator – Becky Ballbach, [rballbach@everettsd.org](mailto:rballbach@everettsd.org), 425-385-4063
- ADA Coordinator – Becky Clifford, [rclifford@everettsd.org](mailto:rclifford@everettsd.org), 425-385-5250